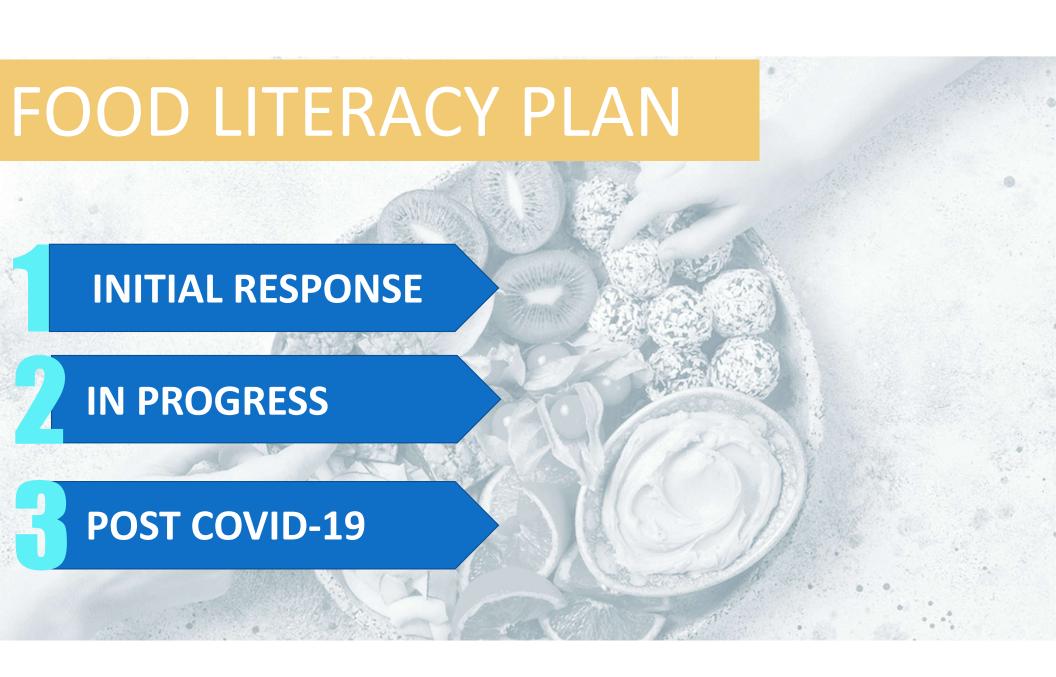


COVID-19 EMERGENCY RESPONSE





INITIAL RESPONSE

HANDOUTS



Resource includes:

- Information sheet on local produce
- Farmer profiles
- Recipes
- Food literacy activities







INITIAL RESPONSE

HANDOUTS

ONTARIO STUDENT NUTRITION PROGRAM

HEALTHY FOOD AT HOME

COOKING TIPS & RECIPES FOR THE FAMILY

Fun activities included:



Resource includes:

- Cooking tips at home
- Recipes on a budget
- Food literacy activities





IN PROGRESS

ONLINE RESOURCES

Food literacy resources provided to local school boards to make links with curriculum:

- OSNP
- Sustain Ontario
- Little Green Thumbs
- Real Food for Real Kids
- YTV's Kid Food Nation



IN PROGRESS

GROW KITS

Purchase and distribution of grow kits from local farm



POST COVID-19

FARM 2 SCHOOL

- Salad bar guides
- Microgreen workshops
- Hot meals sourced from ingredients of local farms

Student Engagement

You love the earth, right? We do too!

That's why this year an OSNP coordinator will be available to provide eco-friendly, in-class activities paired with each salad bar event. One interested classroom will be chosen to host a microgreens growing workshop that will show students the basic elements of growing from seed to harvest, and will feature a number of key concepts related to local food and farms in Windsor Essex.



Guided by the coordinator, students will learn to grow their own nutritious microgreens via an indoor mobile growing system that can be easily rolled into and out of the classroom. The microgreens can then be eaten each week during lunch, and featured on salad bar event days.







Microgreens Workshop/Curriculum Based Lesson Plan

Workshop Overview

The goal of these workshops is to provide students with an in-depth farmto-school experience without leaving the classroom.

Students will learn about the different properties of soil, and also how to grow microgreens that they will eat the following week at lunch, as well as on selected salad bar days.

Workshops are scheduled for the first three Tuesdays of each month, with primary, junior, and intermediate/senior grades served on the first, second, and third Tuesdays respectively.



Lesson: All About Soil!

Learning Outcomes

In this lesson, students at primary, junior, and intermediate levels will learn about the different characteristics and applications of soil. They should be able to observe and describe differences in soil types and its effects on plant growth.

Primar

Part 1- Exploring Soil Types (Total-15 minutes)

- Introduce lessons with "Earth as an Apple" exercise to show how little topsoil is available for producing the Earth's food.
- 2. Explain to the students that soil is made from 3 different types of particles: a. Sand b. Silt c. Clay

