

The Canadian
Horticultural
Therapy Association
invites you to
'Connecting with the
Land: Wellness
through the Boreal
Forest', this year's
conference
celebrating and
promoting horticultural therapy,
therapeutic gardening, greencare and the
power of nature!



If you are studying or working in the area of:

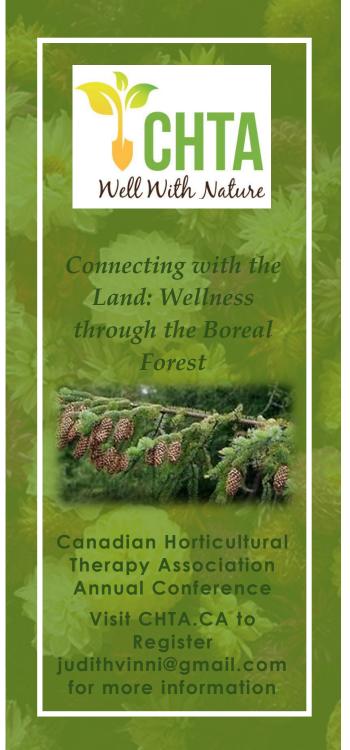
Recreational Therapy
Inclusive Outdoor Recreation
Community Gardening
Nursing
Addictions

Long Term Care
Corrections
Developmental Services
Child & Youth Services
Social Work
Therapeutic Gardening and more...

you will be interested in attending







Green = Boreal Forest

Thursday's Hands-On Making Stations:

Willow Trellis, Raised Garden Bed & Cedar & Willow Sign Making

Friday's Workshop Topics:

Methods for Engaging all People in Nature

Self Care: Boreal Teas & Body Products

Opportunities for Bringing HT into Grieving and Dying

Horticultural Therapy in the Correctional System

What the Boreal Forest Can Teach Us (A Walk with an Elder)

Thursday, Sept 20, 2018 Agenda @ Willow Springs

8 - 9pm Networking Activities

4-5pm Registration & Welcome
5-6pm Dinner: Wood-fired Oven Pizza,
Harvest Salads, Apple Crisp & more
6-6:45pm Keynote Address: 'Effects,
Benefits and Great Need for People to
Connect with Nature for Health and
Wellbeing' by Dr. Jeanie Larson,
University of Minnesota Landscape
Arboretum & Center for Spirituality and
Healing in Nature-Based Therapeutics
6:45-8pm Hands-On Making Stations



8:30 - 9am Late Registration

9 - 9:15am Welcome & Housekeeping

9:15 - 10:45am Workshop Sessions #1

10:45 - 11am Break

11am - 12:30pm Workshop Session #2

12:30 - 1:30pm LUNCH

Resource & Artisan Tables Open for Business

1:30 - 3pm Workshop Session #3

3 - 3:30pm Thanks & Acknowledgments

Passures & Artison Tables Open for

Resource & Artisan Tables Open for

Business 3:30 – 4:30pm CHTA AGM



Registration, Travel & Accommodations

To Register and choose your Workshop Selections please go to CHTA.CA

Travel: Porter, West Jet, Air Canada, Bearskin, Wasaya, North Star Air & Superior Airways fly into the city of Thunder Bay, Ontario **Accommodations:** The Days Inn at

Accommodations: The Days Inn at 1250 Golf Links Rd, Thunder Bay, ON P7B 0A1 Phone: (807) 344-3297 www.daysinnthunderbay.com

This Days Inn Hotel is very close to the conference site. Let the hotel know you are with the CHTA Conference and you will receive a discount on your room.

A bus will be available to provide transportation from Thunder Bay to Willow Springs Creative Centre on Thursday afternoon and will return to the city after the evening's activities.



Allison Skirtschak of Boreal Body