

Embracing Local Food Literacy

**Catherine Hobbis, Community Gardens
Program Coordinator**



ecosource

Growing a Green Community

www.ecosource.ca

waste reduction



youth leadership



urban agriculture



teacher education



local food in schools



community gardens



WHOLE SCHOOL ENGAGEMENT

Whole school approaches go beyond instructional or single intervention strategies within the school.

They engage students, teachers, administrators, and parents (the entire school community) in a cooperative effort to create change.

Practice what we teach

Forge links and close gaps in knowledge,
values, and actions



WHOLE SCHOOL APPROACH: CASTLEBRIDGE PUBLIC SCHOOL

“...A garden is irrefutable...By this we mean ‘merit beyond question, joy emits, body and soul are nourished...love is born.’ By these self-designed standards, we challenge anyone to find fault with a garden. We can’t. And so, our story begins.”





START SMALL AND MARKET THE IDEA

- **Pilot your project with a class or green team**
- **Get the word out to engage the school community**





FUNDRAISE AND SEEK SUPPORT FROM A COMMUNITY ORGANIZATION

- **Fundraise for the first step of a project first.**
- **Community Organizations can offer different kinds of support such as fundraising, tech support, workshops and field trips, PD opportunities for staff, summer engagement, etc.**

FUNDRAISING:

- **TD FEF**
- **Toyota Evergreen**
- **Whole Kids**
- **In school fundraising**
- **School council**



ECOSOURCE SUPPORT:

- **Fundraising by assisting with grant writing**
- **Technical support eg. Raised bed design, soil recommendations, sourcing and resources, planning meetings, and general gardening/food growing expertise**
- **Seeding/planting workshops to engage students**
- **Staff learning workshops**
- **Support on parent/resident engagement and summer workshops**

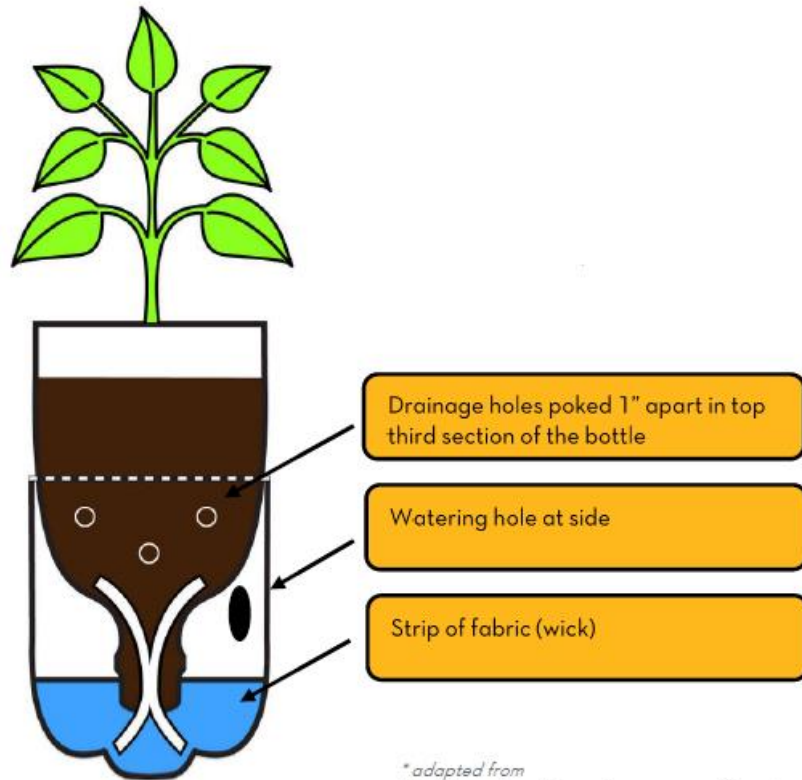
WHOLE SCHOOL SUPPORT:

- **Garden Club**
- **Staff interest after building capacity over time**
- **Desire to improve dietary habits of students and staff**
- **Custodial and admin support**
- **Parent council support**
- **Support from Ecosource**

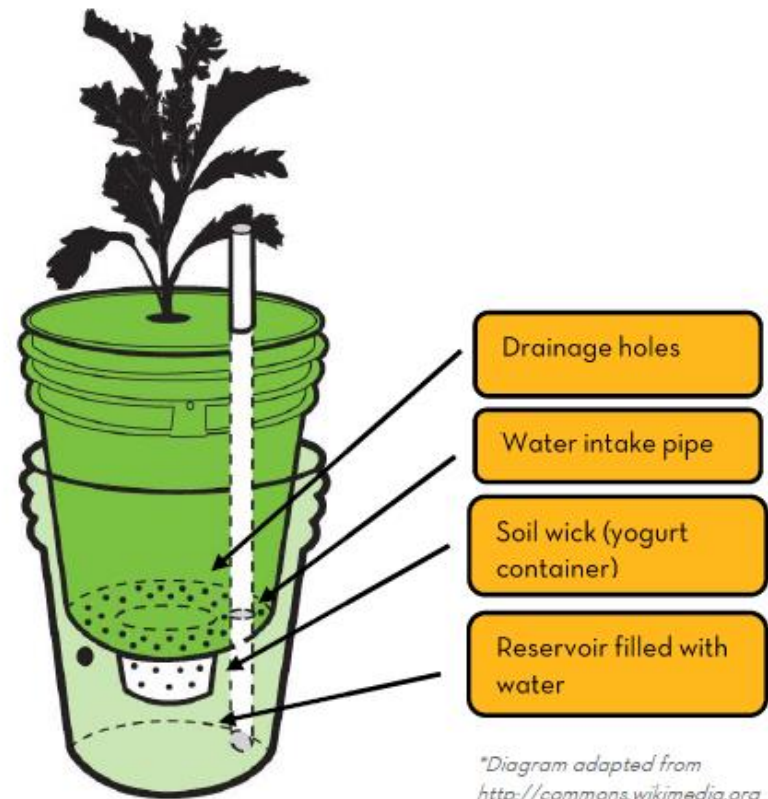
REMEMBER, CASTLEBRIDGE
STARTED SMALL...



IDEAS FOR GETTING STARTED: SUB IRRIGATED PLANTERS



** adapted from
<http://www.brooklynseedcompany.com/how-to-make-a-plastic-bottle-sip/>*



**Diagram adapted from
<http://commons.wikimedia.org>*



line resources found at:
<http://www.motherearthnews.com/diy/garden-ard/self-watering-container-0z11zhir?pageid=3#PageContent3>

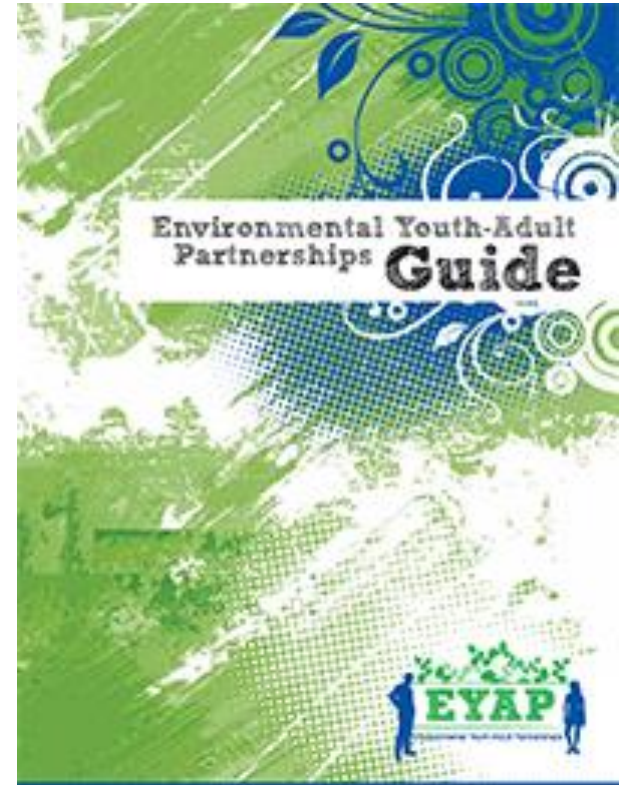
CREATING A SHARED EXPECTATION EXERCISE

Exercise involving youth and adults to initiate a project:

- 1. Personal Reflection**
- 2. Read sticky notes out loud. Listen to understand group values**
- 3. Collectively, group the sticky notes into categories or pillars – these can become the groups values or guidelines for working together**

IDEAS FOR GETTING STARTED: YOUTH ADULT PARTNERSHIPS

- Download a free copy of the EYAP guide at **ecosource.ca/about-us/publications/**
- **Shared Expectation Activity pg. 47**



LEARN MORE ABOUT CASTLEBRIDGE'S STORY:

- A Narrative Of Change can be downloaded at **ecosource.ca/about-us/publications/**



ENGAGING STUDENTS IN GARDENING



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