

Basic Food Safety Practices



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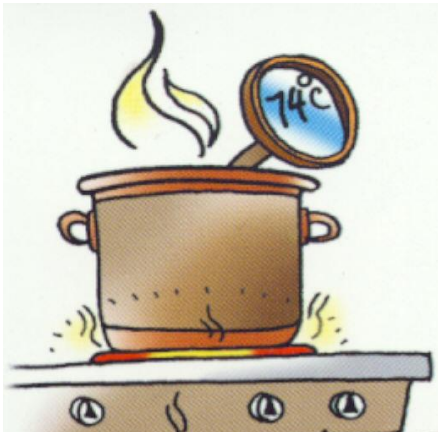
Is your Space Adequate?



Hazardous Foods

Make sure all hazardous food is cooked properly

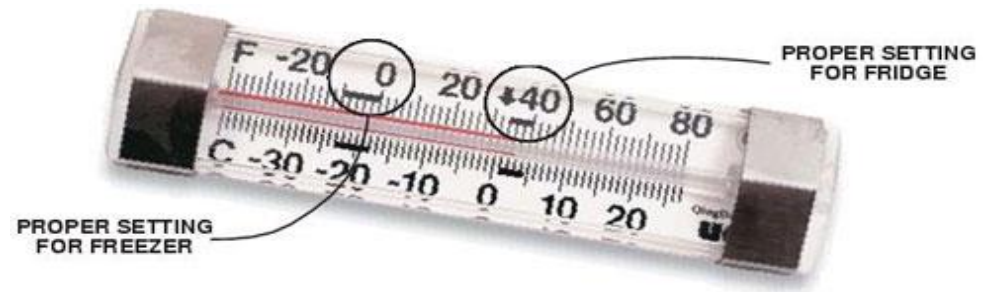
- Use a probe thermometer to check that the food is cooked all the way through



**Keep Hot Food Hot
60°C (140°F) or
above**



Keeping Cold Foods Cold



**Keep Cold Food Cold
4°C (41°F) or less**

When to wash hands



Six Steps of Handwashing



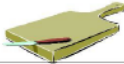

Cleaning and Sanitizing

How to Mix Bleach (Chlorine) Solution For Sanitizing in Your Food Preparation Area

What you will need: When making the bleach sanitizing solution



1. One Litre container
2. Household bleach (no additives)*
3. Teaspoon
4. Spray bottle labeled “sanitizer”
5. Wear protective equipment: (Eye goggles, Rubber Gloves & Apron)

Sanitizing	How to Mix	Solution Strength
Utensils (Food contact areas, e.g. cutting boards, tongs, knives) 	Measure 1 liter (4 cups) of water. Add 2.5 ml or 1/2 teaspoon of household bleach to the water. Mix well and test solution. **	100 ppm chlorine solution
Equipment (Non-food contact areas, e.g. chairs, tables, fridge, stove, bins) 	Measure 1 liter (4 cups) of water. Add 5 ml or 1 teaspoon of household bleach to the water. Mix well and test solution. **	200 ppm chlorine solution

Tips to Remember:

- Mix bleach with water only. Never mix bleach with other cleaning products.
- Make a fresh sanitizing solution when you start each day and replace it every 3 hours.
- Use chlorine test strips to check the strength of the solution**.

* Visit Public Health Ontario's online dilution calculator to determine if your solution has the correct ratio of bleach based on the standard 5.25% Sodium hypochlorite
 Visit: <https://www.publichealthontario.ca/en/ServicesAndTools/Tools/Pages/Dilution-Calculator.aspx>

** Chlorine test strips can be used to check the strength of bleach solutions; the sanitizing solution for bins should be 200 ppm (parts per million)

Thank You!

Toronto Public Health @ 311 or 416-338-7600

www.toronto.ca/health