#### Webinar Series:

## **Local Food Literacy in Ontario Schools** Webinar #1: Teaching Local Food Literacy

PANELISTS: Coreen Jones and Catherine Hobbis, Ecosource Katie German, FoodShare Kim McGibbon, Roots to Harvest

WEDNESDAY NOV 30, 2016 3:30 - 4:45 PM

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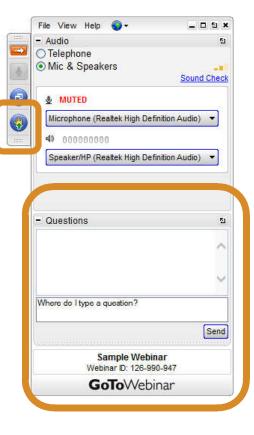
# QUESTIONS?

#### **Sample Webinar**

Organizer: Sustain Ontario | Presenter: Sustain Ontario

Audio: Use your microphone and speakers (VoIP) or call in using your telephone.

Canada: +1 (647) 497-9369 Access Code: 255-678-509 Audio PIN: 48 List Additional Conference Call Numbers



#### Call (855) 352-9002 for Tech Support

#### S U S T A I N O N T A R I O . C O M

## AGENDA

#### 3:30 - 3:40 INTRODUCTIONS AND BACKGROUND

#### **3:40 - 4:10 TEACHING LOCAL FOOD LITERACY**

- Katie German, FoodShare Intro: Teaching Local Food Literacy
- Coreen Jones and Catherine Hobbis, Ecosource Elementary Classrooms
- Kim McGibbon, Roots to Harvest High School Classrooms
- 4:10 4:35 Q&A PERIOD
- Submit a question to the host via the question box

#### 4:35 - 4:45 OTHER RESOURCES AND CLOSING

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## **About Sustain Ontario**

Sustain Ontario is a province-wide, crosssectoral alliance that promotes healthyfood and farming. Some of our recent initiatives/projects include:

- Food Initiatives Greenhouse our resource sharing library
- Bi-annual Bring Food Home conference (Sudbury 2015; Ottawa 2017)
- Local Sustainable Food Procurement Toolkit



the alliance for healthy food & farming

*Join the Alliance* 

info@sustainontario.com

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## About the Ontario Edible Education Network

An initiative of Sustain Ontario, the Edible Education Network has been established to bring together groups in Ontario that are connecting children and youth with healthy food systems. Recent efforts include:

- Say Yes! to Good Food in Schools messaging & resources
- Partnering with Farm to Cafeteria Canada on National Farm to School Salad Bar Program grants
- Local Food Literacy resources for schools



#### **CATHERINE HOBBIS – Ecosource**

Catherine is an Ontario Certified elementary teacher and is Ecosource's Gardens Programs Coordinator. Catherine developed and implemented Ecosource's accessibility gardens program and is passionate about handson learning, physical literacy and food growing education.

#### **COREEN JONES – Ecosource**

Coreen is an Ontario Certified high school teacher and has worked with Ecosource in the Youth and Local Food and Gardens Programs for 2.5 years. Coreen is interested in how creative and experiential education can advance food system change.

#### KATIE GERMAN – FoodShare

Katie manages the Field to Table Schools programs at FoodShare which include hands-on in-class food literacy education for kids JK-12, teacher professional development, and schoolyard farming projects that offer paid work and school credits for youth farmers year-round.

#### KIM MCGIBBON – Roots to Harvest

Kim recently joined the Roots to Harvest team as Program Coordinator. As a registered dietitian working in Public Health for over 15 years, she helped start community gardens, worked to develop the good food box and brought Seedy Saturday events to Thunder Bay.









## Poll: Who is on this Webinar?

### Are you with a:

- School (Teacher / Principal)
- Public Health Unit
- Food-based NGO
- Government
- Other

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## **Poll: Where are you located?**

- Northern Ontario
- Central Ontario
- Southwestern Ontario
- Eastern Ontario
- Outside of Ontario

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## Background: Local Food Literacy in Ontario

**Ontario Local Food Act** – passed in 2013 to:

- Help foster successful and resilient local food economies and systems in Ontario.
- Help increase awareness of local food in Ontario, including the diversity of local food.
- Develop new markets for local food.

Sustain Ontario played a strong role in advocating for the Local Food Act and for it to include Local Food Literacy.

### **Local Food Literacy in Ontario**

The Ontario Government has developed the following **aspirational Food Literacy Goals** under the Local Food Act:

- **Goal 1:** Increase the number of Ontarians who know what local foods are available.
- **Goal 2:** Increase the number of Ontarians who know how and where to obtain local foods.
- **Goal 3:** Increase the number of Ontarians who prepare local food meals for family and friends, and make local food more available through food service providers.

### **Our Local Food Literacy Stream Grant**

Thanks to the Greenbelt Fund's local food literacy grant stream, Sustain Ontario, Ecosource, FoodShare and Roots to Harvest are informing local food literacy in schools by providing:

- Resources for schools to celebrate Local Food Week (in June) and National Farm to School month (month of October)
- Information through a series of webinars and tipsheets
- Answers to Common Questions about local food literacy
- A collection of local food literacy teaching resources through Sustain Ontario's Food Initiatives Greenhouse



Possibility grows here.

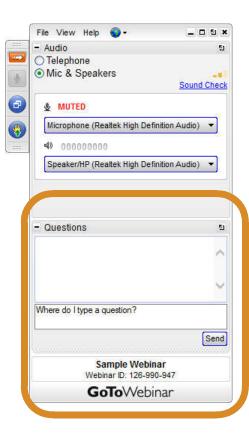
# **Teaching Local Food Literacy**

# Over to our Presenters

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Type your questions for the panelists into the question box



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# **Q&A**

How do I help my students to navigate a grocery store, including how to buy local and how to shop cost effectively? It's challenging to know what's local by just reading labels. And the cost of local, fresh food can be very high. I find it really difficult to teach students how to access local food when it can be so costly to purchase.

# **Q&A**

I'd like to set up a trip or two to a farm that has an educational component built into the experience. But, like most teachers, I don't have the funding, resources or time to go on field trips or even to start looking into this kind of thing. What are my possibilities?

# Where to Find More Teaching Resources

SUSTAINONTARIO.COM

## Sustain Ontario Greenhouse



The greenhouse is a growing collection of community-vetted food strategies, tools, and tactics organized by initiative.



"Food Literacy" initiative contains search fields specific to Teachers: Audience (Grade), School Subject, Season...

### http://sustainontario.com/greenhouse/

# AgScape (previously OAFE)



Offers agriculturefocused teaching guides and visits from Teacher Ambassadors (for free in-class lessons)

Growing Careers website has information about careers in Agribusiness

# http://www.agscape.ca/ http://www.growingcareers.ca/

## **Foodland Ontario**







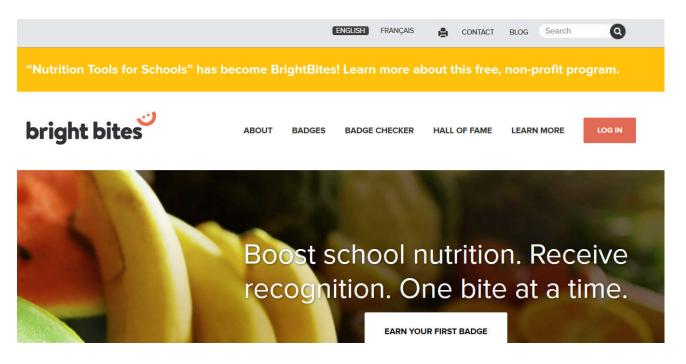
Links & Resources

Kidcorner

#### Availability Guide

## https://www.ontario.ca/foodland/foodland-ontario

# BrightBites (Nutrition Tools for Schools)



Developed by the Ontario Society of Nutrition Professionals in Public Health (OSNPPH). Not focused on local but website offers a great set of food and nutrition-focused lessons and ideas that teachers can then bring local food literacy into.

## http://brightbites.ca/

# Edible Schoolyard Project (California)

SCHOOLYARD	My Account   Add a Resource	e   Subscribe   Donati	e	Search
Network	Resources ESY Trainings	ESY Berkeley News	& Events About ES	SYP
		letwork connects educator e a K-12 edible educatior		
				CONTRIBUTE A RESOURCE
Search for I	Resources	SEARCH ALL RESOURCES & TOOLS		CONTRIBUTE A RESOURCE
Search for I	Resources		SEARCH HIDE OPTIONS	
Search for I PROGRAM TYPE Select All	Resources Resource type Select All		SEARCH HIDE OPTIONS GRADE Select All	
PROGRAM TYPE	RESOURCE TYPE	CLEAR	GRADE	SEARCH
PROGRAM TYPE Select All	RESOURCE TYPE Select All	CLEAR SUBJECT Select All	GRADE Select All	SEARCH SEASON Select All
PROGRAM TYPE Select All	RESOURCE TYPE Select All	CLEAR SUBJECT Select All	GRADE Select All Pre-K	SEARCH SEASON Select All Winter
PROGRAM TYPE Select All Garden <sup>(2)</sup> Farm-Based <sup>(2)</sup>	RESOURCE TYPE Select All Lessons Recipes	CLEAR SUBJECT Select All Culinary English	GRADE Select All Pre-K Kindergarten	SEARCH SEASON Select All Winter Spring
PROGRAM TYPE Select All Garden <sup>@</sup> Farm-Based <sup>@</sup> Kitchen <sup>@</sup>	RESOURCE TYPE Select All Lessons Recipes School Lunch Reform	CLEAR SUBJECT Select All Culinary English Nutrition Education	GRADE Select All Pre-K Kindergarten Grade 1	SEARCH SEASON Select All Winter Spring Summer
PROGRAM TYPE Select All Garden ? Farm-Based ? Kitchen ? Cafeteria ?	RESOURCE TYPE Select All Lessons Recipes School Lunch Reform Advocacy	CLEAR SUBJECT Select All Culinary English Nutrition Education Professional Development	GRADE Select All Pre-K Kindergarten Grade 1 Grade 2	SEARCH SEASON Select All Winter Spring Summer

Has a database of resources from around the world (primarily US). Search fields by program type, school subject, grade and season.

http://edibleschoolyard.org/resources-tools



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Katie German, FoodShare <u>katieg@foodshare.net</u>

Kim McGibbon, Roots to Harvest <u>kim@rootstoharvest.org</u>

Carolyn Webb, ON Edible Education Network <u>cwebb@sustainontario.ca</u>

#### Thank you!



Possibility grows here.

# **THANKS FOR JOINING US!**

Please fill out the survey

Recordings of the webinar will be available on our website

Register for our next Local Food Literacy webinar!

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