




 Think &
 Eat Local
 @ School
 October 1-31, 2016

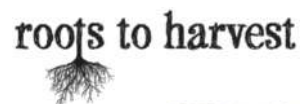


Join us in Celebrating National Farm to School Month!

During the month of October, Farm to Cafeteria Canada is leading the 3rd annual national Farm to School Month...a celebration of all that is happening across Canada to get more healthy, local, and sustainable foods into the minds and onto the plates of students. This year's theme is: **#ThinkandEatLocalatSchool**.

Here in Ontario, during National Farm to School Month we're inviting schools to:

- Try FoodShare's Taste Testing and Graphing Local Food activity at <http://sustainontario.com/wp2011/wp-content/uploads/2016/09/FoodShareTasteTesting.pdf>.
- Send Farm to Cafeteria Canada a photo and a 500 word story describing how you are THINKING & EATING Local at School to win 1 of 3 Farm to School grants, valued at \$1500 each! (Must be sent between October 1 and October 31). More details are available at <http://www.farmtocafeteriacanada.ca/farm-to-school-month-2016/>.
- Share your photos and stories via social media; tag them using **#ThinkandEatLocalatSchool** (you can include **#loveONTfood** if during Ontario Agriculture Week – October 3-9). You can also share with **@Farm2Cafeteria**. Here are some sample tweets:
 - Harvesting tomatoes from the school garden. Let's all **#ThinkandEatLocalatSchool**
 - Hey **@Farm2Cafeteria** – hospitality students cooking w farm fresh broccoli as they **#ThinkandEatLocalatSchool**
 - Grade 2s taste-testing local apples. Lovin' ways to **#ThinkandEatLocalatSchool**. **#loveONTfood!**
- Put your **#schoolfood** activities on the national **@Farm2Cafeteria** map at <http://www.farmtocafeteriacanada.ca/school-food-map/> + inspire others to dig in!



Possibility grows here.