



Sustain Ontario's Growing Good Food Ideas video launch webcast

Prepare in advance for joining the webcast:

The webcast will be shared using "WebEx", an online collaborative tool, for its webcasts. To ensure you'll be able to join the webcast, you should complete the following steps at least one day before the event:

1. Go to <http://www.webex.com/lp/jointest> to test your browser.
2. Review the system requirements for joining a WebEx session by following the link on the page.
3. Return to the Join Meeting Test page and perform the test. If successful, you are ready for the webcast.

If you are unable to join or having difficulty running the test, please contact WebEx Support at 1-866-229-3239 (option 1 then 2), or visit <http://support.webex.com> for helpful support information.

Instructions for joining Sustain Ontario's Growing Good Food Ideas video launch webcast on April 24, 2013, from 2 to 4pm:

1. Go to <http://omafra.webex.com>
2. In the list of meetings, click the "Join" link next to Sustain Ontario's local food video launch.
3. Enter your full name (first & last) and your e-mail address. Click "Join Now".
4. When prompted to "Join the Integrated Voice Conference", click "Yes".

After successfully joining the webcast:

- Turn up your computer speakers or headset to hear the audio.
- Live video from the host location will appear on the right part of the screen
- The slide presentation will appear on the left part of the screen.
- Type any technical or subject matter questions you may have during the session into the Chat panel.

If you are having problems connecting to the WebEx session after it has begun, call Telus WebEx support at 1-877-944-6338 (English: options 1, 1, 1 / French: option 2)