

# FoodShare



Crunch down at 2:30pm E.S.T  
Thursday March 7, 2013

## **Building Healthy School Communities, Bite By Bite**

FoodShare's annual Great Big Crunch invites school communities to learn about healthy eating and local food systems by taking a giant synchronized crunch into a locally grown fruit or vegetable.

Last year, we heard almost 150,000 apple crunches across the country, this year, we're opening up the event to include **all locally grown, crunchy fruits and vegetables** - so now it's even easier to get your school involved!

## **For More Information, Activity Ideas & Inspiration**

[www.foodshare.net](http://www.foodshare.net) | [thegreatbigcrunch@foodshare.net](mailto:thegreatbigcrunch@foodshare.net) | [#greatbigcrunch](https://twitter.com/greatbigcrunch)

FoodShare Toronto is a non-profit community food organization whose vision is Good Healthy Food for All. Our programs include direct fresh produce access, school food and Food Literacy, community cooking, growing, and urban agriculture, reaching over 155,000 children and adults every month across the City of Toronto.

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## The Great Big Crunch!

### 2013 Registration

To take part, simply fill out this registration form and fax it back to 416.363.0474, **Attention: Brooke Ziebell, Field to Table Schools** (note: our faxes are electronic, so no paper will be wasted in this process).

School Name: \_\_\_\_\_

School Address (Including Postal Code): \_\_\_\_\_

School Contact Name: \_\_\_\_\_

Contact's Email: \_\_\_\_\_

Number Of Crunch Participants: \_\_\_\_\_ What Will You Be Crunching? \_\_\_\_\_





Have You Promoted The Crunch To Others? *Yes / No*

Will You Visit FoodShare's Website For Teaching Tools And Activities? *Yes / No*

Can We Email You About Future Events? *Yes / No*

I Have Read And Agree With The Conditions Outlined In **FoodShare's Media Release Form**, Also Available On The Great Big Crunch Website: *Yes / No*

### Beyond Registration:

-  **Download teaching tools and activities**, available online at [www.foodshare.net](http://www.foodshare.net) (follow the links to Field to Table Schools).
-  **Purchase locally grown, crunchy fruits or vegetables** (or both!) from your local green grocer, farmers' market or supermarket.
-  **Run the Great Big Crunch in your school** or classroom at **2:30pm on Thursday March 7, 2013**, and enhance your students' understanding of the food system while having fun at the same time!
-  **Share your Crunch photos and stories** after the date by emailing them to [thegreatbigcrunch@foodshare.net](mailto:thegreatbigcrunch@foodshare.net).

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