

Tomato



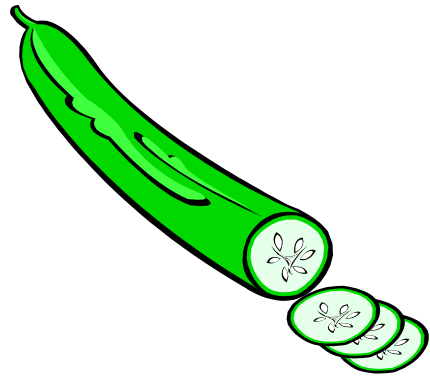
Ketchup



French Fries



Potatoes



Cucumber



Pickle



Corn



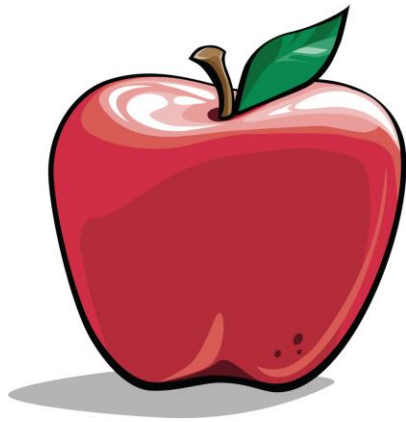
Nacho chips



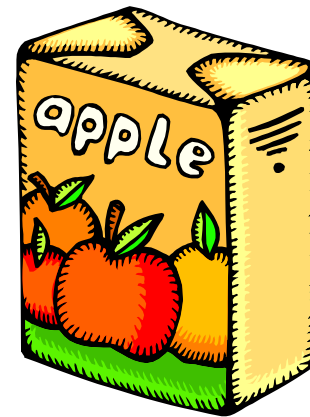
Wheat (Flour)



Bread



Apple



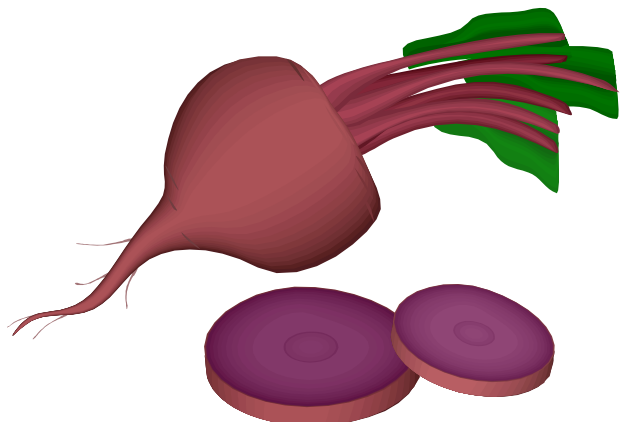
Apple juice



Milk



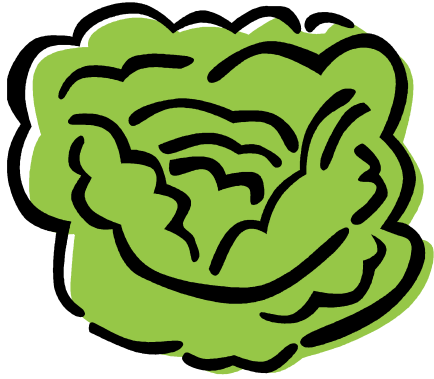
Cheese



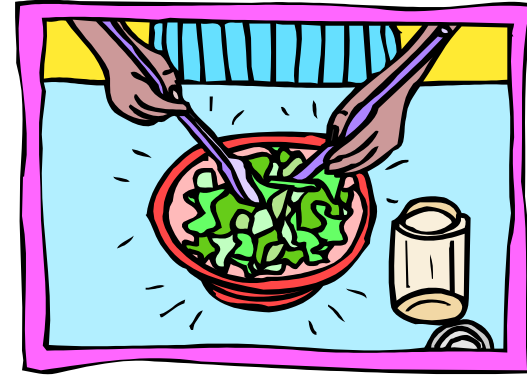
Beets



Sugar



Lettuce



Salad



Milk



Yogurt

“Where does our food come from?” Memory Game

Instructions:

1. Lay cards down on table face down.
2. Students will take turns picking up cards and looking for matches. In each turn, one student will choose two different cards. They will read out what the card says and show it to the rest of the group.
 - a. If the cards match (e.g. tomato and ketchup, wheat and bread...), the student will place the cards face up in front of them. The turn will then pass on to the next student.
 - b. If the cards do not match, the student will place the cards back in the same spots where they found them. The turn will then pass on to the next student.
3. Each time a correct match is made, the teacher can read additional questions/facts from the information sheet. If points are being counted, these questions can be used as bonus points. If points are not being counted, these questions can be used to spark discussions/brainstorming about the different foods.
 - a. Additional question:
 - i. If the food is a plant, what part of the plant are we eating? (i.e. fruit, root, stem...)
 - ii. If the food comes from an animal, what animal does it come from?

“Where does our food come from?” Memory Game - Information/Answer sheet

Questions and facts for when a match has been made (the answers in *italics* are just examples – there are lots of other answers!)

Apples: Apple juice

- What else can be made from apples? *Apple pie, apple sauce*

Beets: Sugar

- Did you know that much of the sugar that we use comes from beets?
- What else can be made of beets? *Salad, soup*

Corn: Nacho/Tortilla:

- What else can be made of corn? *Many things that we eat include sugar that is from corn, including pop and candy. Popcorn*

Cucumbers: Pickles

- What else can be made of cucumbers? *Relish; can be sliced onto sandwiches and into salads*

Lettuce: Salad

- How else can we eat lettuce? *On sandwiches,*
- What other plants (or plant parts) can we eat in a salad? *Tomatoes, cucumber, beans, beets, sprouts, cabbage, carrots...*

Milk: Cheese (or Yogurt)

- What else can be made of milk? *Yogurt, cheese, ice cream, whipped cream, butter, cream cheese...*
- What animal do we usually get milk from in Canada? *Cows*
- What other animals do people get milk from? *Goats, sheep, water buffalo...*

Potatoes: Fries

- What else can be made of potatoes? *Chips, mashed potatoes, baked potatoes*

Tomatoes: Ketchup

- What else can be made of tomatoes? *Pizza sauce, spaghetti/pasta sauce, barbecue sauce, salad,*

Wheat: Bread

- What else can be made of wheat? *pasta, crackers, cookies*