4 month follow up phone call for participants:

1. Have you used the slow cooker you received at the *Community Kitchen* session?
2. Yes
3. No
4. Unsure

Please explain: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. If you have used your slow cooker, how often?
   * 1. Rarely (1 to 3 times)
     2. Sometimes (4 to 6 times)
     3. Often (7 to 9 times)
     4. Very often (10 or more times)
     5. Not sure
2. Have you tried any recipes that were provided at the session?
3. Yes
4. No
5. Not sure

If so, which ones? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What did you think?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Do you feel that attending the session has helped you to make healthy family meals?
2. Yes
3. No
4. Not sure
5. Is there anything that has made it difficult for you to use your slow cooker to make healthy meals?